

Introduction

We offer a broad range of activities across school to support and challenge a wide range of abilities.

The sports we cover include: football, rugby, hockey, basketball, volleyball, badminton, table tennis, tennis, rounder's, baseball, bench ball, dodgeball, fitness, new age kurling, boccia, athletics, playground games, team building activities and cricket, blind activities e.g. – goalball

Implementation

EYFS – EYFS have 3 sessions of PE a week these sessions are focussed on developing gross motor skills and preparing children for developing fine motor skills.

Primary – Each class gets 3 sessions of PE. This may include swimming or outdoor and adventurous activities.

Secondary – Each class has 3 x 45 minute sessions a week with a different sport covered in each session (these are changed half termly.)

Planning

We have a long term plan which shows each class experiencing a variety of sports.

We have a medium term plan which is more in depth and appropriate to the class.

Short term plans allow us to focus on the individual needs of the children.

Resources

Our activities are based around the Equals scheme of work; we also use a range of other individual resources including top sports ability.

5 members of staff were recently trained in Enjoyaball (a basic ball skills course), from this the school has a range of resources to use both in PE and across a range of subjects.

We have a large amount of equipment in school to support a broad range of needs. This includes equipment for the visually impaired and the physically impaired.

Cross Curricular links

PE equipment is used to enhance the teaching and learning in other subject areas. For example: Football socks are used for pairing exercises in Maths and health and fitness cross over into Science when looking at the impact of exercise on the body.

Sporting events such as the Olympics and the world cup are often used as a curriculum stimulus when they occur on the calendar.

Assessment

Where appropriate the children assess their own effort and what they have achieved within a session. This is supported by placing their own names under the headings – worked well, worked ok and could do better.

Teacher evaluation of each session allows next steps to be planned for the children.

Enrichment

In school time we offer –

- Bike-ability
- Football
- Dance
- A range of inter-school activities at various schools and leisure centres.