
Introduction

The PSHSRE aim

PSHE includes pupils learning about the **three core themes, Health and Wellbeing, Relationships and Living in the Wider World**. Through PSHCE, which is **embedded** in our day to day time table (see assemblies, RE & SEAL) we aim to **safeguard pupils, support their spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life**.

The aim of the SRE Curriculum is to equip our learners with the information, **skills and values to have safe, fulfilling and enjoyable friendships**. (**Friendships**: learning how to be a good friend – speak positively about our friends, respect their choices, spend time with our friends, help our friends, share their accomplishments with positivity, caring, compassion). **By making informed choices, taking responsibility for their own well-being and others wellbeing, taking responsibility for their own sexual health and using learnt skills to have positive and enjoyable relationships**.

Implementation.

PSHE

As previously stated PSHE or RE and SEAL embedded in the academic day. Please see Assemblies, RE and SEAL planning.

SRE

It is a legal requirement to have an up-to-date SRE policy. Our policy describes the content, the organisation of what is being taught and how Southgate's SRE is taught outside science in the National Curriculum. Below is listed what all state funded schools should be taught. However as previously stated SRE AT Southgate is **taught in a calm way and at an appropriate cognitive level**. There will be elements of the curriculum that some students will not be taught due to their cognitive level.

Planning and Assessment

The National Curriculum recommends that SRE should start early. A baseline assessment is completed during the introduction of a new topic and planning can subsequently develop on initial knowledge. Through this initial baseline assessment untruths can be identified and unpicked so students have a clear and correct understanding of the topic.

Our students learn about their bodies and the names of the different body parts. Stranger Danger is very important, our students are taught about Public and Private and that if they feel uncomfortable/unhappy/scared in a situation they are taught to tell a trusted adult.

Lots of students start puberty whilst of a primary age, it is important that these students know what to expect before it happens. This is why Lydgate has a three Wave approach to identify students who are in need.

The knowledge provided helps the students learn progressively as they mature, often topics are revisited to reinforce the learning and provide opportunities for clarification.

Cross Curricular links

Science includes pupils learning about the parts of the body, growth, reproduction, life cycles and aging: They should also learn about changes experienced in puberty (approx. yr. 5 age). The following programmes of study are set out according to academic age, content can be introduced earlier or later if felt appropriate (SRE should be taught with the student's cognitive development in mind).

Resources

Our Resource bank is always developing, supporting those topics that are on the long-term plan and any topics that require learning/clarifying which are of local significance.

Examples of what we have so far:

- **3D models**
- **Stories**
- **Games**

Our resources are bought with the intention to support a range of students and individuals. They such have medically correct facts and portray a range of people and a range of different relationships.

Consulting Parents and Pupils

The government guidance on SRE (DfEE 2000) stresses the importance of working with our parents. Schools should give parents the opportunity to withdraw their students (until they are 19) from SRE lessons which are taught outside the National Curriculum of Science. For the students to be withdrawn from the SRE sessions they should write or email the head teacher Nicky Rogers. Parents have the right to see this policy document and be given a copy or visit the website (education Act 1996). Parents should however understand that our school is legally bound to give a board and balanced curriculum and may issues that relate to SRE come arise in other areas of the curriculum and it may not be possible to withdraw their child from this naturally occurring discussion.