

Lower School Long Term Planning- P.E

AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Playground games/team building	Net and Ball Skills	Hockey Skills	Athletics	Rounders (Striking and fielding skills)	OAA
Playground games/team building	Volleyball Skills	Fitness	Dance/ Movement Skills	Tennis Skills	Cricket Skills
Playground games/team building	Football skills	Modified Games (Net/Wall)	Dance/ Movement Skills	Athletics	OAA