



# Cumberworth C.E. (A) First School

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Head Teacher: Mrs Maggie Walker Business Manager: Marina Davis

3<sup>rd</sup> February 2021

Dear parents and carers,

As part of your child's educational experience we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic education (PSHE) that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education (DfE) announced changes to relationships, sex and health education (RSHE) following nationwide consultation. The new RSHE curriculum came into effect from September 2020 and all schools will be required to comply with the updated requirements fully (with a revised policy in place) by the start of the summer term 2021.

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own wellbeing. Whilst much of the content is not new, there is some interesting new content on mental health/emotional wellbeing and basic first aid.

The new statutory RSHE guidance does not replace PSHE in full as elements such as caring for the environment, economic education and parts of British Values and SMSC (Social, Moral, Spiritual and Cultural education) are not included. We will, therefore, continue to teach PSHE and RSHE will be part of that. We will be using the PSHE Association scheme of work as the basis for our planning.

Before implementing the new DfE guidance we are required to review our RSHE policy and consult with parents/carers. You will find our draft policy on the school website in the Newsletters section along with an overview of the planning, which will signpost you to some of the resources we will be using. Some content will be taught through other subjects such as computing and science and may, therefore, be taught in a different term to that specified on the PSHE Association scheme of work.

You may find the following documents helpful if you require further information:

[DfE: Relationships education, relationships and sex education \(RSE\) and health education: FAQs](#)

[DfE: Relationships, sex and health education: guides for parents](#)

If you have any questions regarding the new RSHE curriculum then please do not hesitate to contact me.

We value your views and invite you to send in any comments either by letter or by email, to [head@cumberworthfirstschool.co.uk](mailto:head@cumberworthfirstschool.co.uk), before Monday 1<sup>st</sup> March and these will be taken into consideration before we finalise our policy.

With best wishes  
Maggie